



Eglinton Junior Cricket Club

Health and Safety Policy

Health and Safety Policy and Procedure

In Alignment with Cricket Australia and the Western Australian Cricket Association (WACA) Policies. The **Eglinton Junior Cricket Club** is committed to ensuring a safe and healthy environment for all junior cricketers, coaches, volunteers, and spectators. This policy outlines the health and safety procedures that align with the guidelines set by **Cricket Australia** and the **Western Australian Cricket Association (WACA)**. The Club recognises the importance of promoting a culture of safety and well-being, enabling participants to enjoy the game in a secure environment.

Purpose

The purpose of this policy is to:

- Ensure the health, safety, and well-being of all participants in junior cricket.
- Minimise the risk of injury or harm to players, coaches, volunteers, and spectators.
- Align with Cricket Australia and WACA's health and safety standards, providing a clear framework for the management of potential hazards.

Responsibilities

Club Committee

- Ensure compliance with all health and safety regulations.
- Monitor and review health and safety procedures regularly.
- Provide necessary resources and training to all coaches, officials, and volunteers.
- Ensure that all accidents and injuries are documented and investigated.

Coaches and Team Managers

- Be trained in first aid and basic emergency procedures.
- Ensure the welfare of all players during training and matches.
- Ensure that players are aware of and follow the health and safety procedures.
- Act immediately if a player shows signs of injury, fatigue, or illness, removing them from play if necessary.

Players

- Adhere to all health and safety guidelines as provided by the club, coaches, and officials.
- Wear appropriate protective equipment at all times during matches and training.
- Inform coaches or team managers of any existing injuries or medical conditions.

Parents/Guardians

- Ensure players arrive and depart from training and matches safely.
- Provide any relevant medical information and updates to coaches.
- Encourage their children to practice good hygiene and follow safety protocols.

Health and Safety Procedures

Risk Assessment

- A thorough risk assessment will be conducted prior to all training sessions and matches, ensuring potential hazards are identified and managed.
- All cricket equipment (bats, balls, protective gear) will be regularly inspected for wear and tear. Damaged equipment will be replaced promptly.

Protective Equipment

All players must wear appropriate protective equipment during training and matches:

- **Helmet:** Must be worn by all players when batting, facing fast bowling, or fielding in close positions (e.g., slip, gully).
- **Pads and Gloves:** All batters must wear pads and gloves when batting.
- **Protective Cups:** Male players must wear a protective cup.
- **Throat Guards:** Should be used for players at risk of being hit in the throat area (particularly younger players or those facing fast bowlers).
- **Guard for Elbows/Knees:** Recommended for players facing high-speed bowling.

Injury Management and First Aid

- A **first aid kit** will be readily available at all training sessions and matches.
- **First Aid-trained personnel** will be present at all training sessions and games.
- **Concussion Management:** If a player sustains a blow to the head, the coach or team manager will follow Cricket Australia's **Concussion Management Guidelines**:
 - Immediate removal from play.
 - Seek medical attention if necessary.
 - The player must be cleared by a healthcare professional before returning to play.

Emergency Procedures

- A clear evacuation plan will be established for every venue, and all involved in the session will be made aware of the procedures.
- In the event of an emergency, the coach or team manager will ensure that the necessary emergency services (ambulance, paramedics) are contacted promptly.

- Any serious injury or incident will be reported immediately to the Club President and documented in the incident log. See incident policy for further steps.

Medical Information

- All parents/guardians must provide up-to-date medical information for their child, including allergies, asthma, and other relevant health conditions.
- Coaches must keep a copy of medical information and ensure it is accessible during training and matches.

Heat and Hydration

- In hot conditions, water breaks will be scheduled regularly, and players are encouraged to hydrate before, during, and after training or matches.
- Coaches will monitor players for signs of heat exhaustion, including dizziness, nausea, or excessive fatigue. Players showing any symptoms will be given a break and allowed to cool down.

Safe Environment

- **Venue Safety:** Grounds and facilities will be checked for hazards such as loose turf, poor lighting, or inadequate boundary markings.
- **Pitch Safety:** Pitches will be regularly inspected to ensure they are not too hard or uneven, reducing the risk of injury.
- **Weather Monitoring:** Training or matches will be postponed or moved indoors if extreme weather conditions (e.g., lightning, heavy rain) pose a risk to safety.

Child Protection and Welfare

- The Eglinton Junior Cricket Club is committed to providing a child-safe environment. At least one coach, manager or committee member must have an up-to-date **Working with Children Check** during training, matches and any other club event.
- The Club encourages open communication between parents, coaches, and children to ensure any concerns regarding health and safety are promptly addressed.

Monitoring and Review

- The health and safety policies and procedures will be reviewed annually by the Club committee to ensure they remain up-to-date and compliant with Cricket Australia and WACA guidelines.
- Feedback from coaches, players, and parents will be actively sought to improve the safety practices.

The **Eglinton Junior Cricket Club** is dedicated to creating a safe and supportive environment where children can learn and enjoy cricket. By following these health and safety procedures, we can ensure that all players, coaches, volunteers, and spectators have a positive and secure experience.

For more information on health and safety guidelines, please refer to **Cricket Australia's Junior Cricket Guidelines** and **WACA's Health and Safety Standards**.